

Prayer Booklet for the Children in Year 1



Daily Prayers

The Sign of the Cross

In the name of the Father, the Son
And the Holy Spirit.
Amen

Morning Offering

Father in heaven,
I give you this day.
All that I think, or do, or say.
I give you the good times,
as well as the bad.
The times that I'm happy,
the times that I'm sad.
Fill me with Grace and make me strong,
With you at my side I can't go wrong.
Amen

Grace Before Meals

Thank you for the world so sweet.
Thank you for the food we eat.
Thank you for the birds that sing.
Thank you for everything.
Amen

Grace After Meals

Thank you God for the food we have eaten,
Thank you God for all our friends,
Thank you God for everything,
Thank you God, Amen.

End of the Day Prayer

Now the busy day is done,
Jesus bless us, everyone.
Keep us safe through the night,
Until we see the morning light.
Amen

Traditional Prayers

Our Father

Our Father, who art in heaven,
hallowed be thy Name.
Thy Kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now, and at the hour of our death.
Amen.

Eternal Rest

Eternal rest, grant unto (them/him/her) O Lord.

**R: And let perpetual light
shine upon them (them/him/her).**

May they rest in peace.

R: Amen.

Angelus: Angelus:

Mary, Mary Jesus knew
that you loved him as he grew.
Help us everyday to know
you will help us as we show
love and kindness, sharing too
helping others just like you

Dear God,
Help me spend today with a **smile** on my face,
with **love** in my heart and give me **helpful** hands
so that I can bring **joy** to everyone I meet today.
Amen