

Prayer Booklet
for the
Children in
Year 5



Daily Prayers

The Sign of the Cross

In the name of the Father, the Son
And the Holy Spirit.
Amen

Morning Offering

Father in heaven,
I give you this day.
All that I think, or do, or say.
I give you the good times,
as well as the bad.
The times that I'm happy,
the times that I'm sad.
Fill me with Grace and make me strong,
With you at my side I can't go wrong.
Amen

Grace Before Meals

Bless us oh Lord, bless this food.
Bless all those who are about to receive.
Feed the hungry.
Amen.

Grace After Meals

Loving Father, we praise you
for all the gifts you give us.
For life and health, for faith and love,
and for the meal we have shared together.
Father, we thank you through Christ our Lord.
Amen.

End of the Day Prayer

Now the day is over,
we lift our hands to say,
thank you, heavenly Father,
for all you do and say.
I'm sorry for the wrong things,
but glad about the right.
Keep me heavenly Father,
in your love tonight.

Amen

Traditional Prayers

Our Father

Our Father, who art in heaven,
hallowed be thy Name.
Thy Kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is
the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now, and at the hour of our death.
Amen.

Eternal Rest

Eternal rest, grant unto
(them/him/her) O Lord.
**R: And let perpetual light
shine upon them (them/him/her).**
May they rest in peace.
R: Amen.

Glory Be

Glory be to the Father, and to the
Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be,
world without end.
Amen.

Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was
incarnate of the Virgin Mary,
and became man.
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father
and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic,
and apostolic Church.
I confess one Baptism for the forgiveness of
sins
and I look forward to the resurrection
of the dead and the life of the world to come.
Amen.

Angelus: *May be said morning, noon and night.*

V. The Angel of the Lord declared to Mary:

R. And she conceived of the Holy Spirit. Hail Mary.....

V. Behold the handmaid of the Lord:

R. Be it done to me according to your word. Hail Mary....

V. And the Word was made flesh:

R. And dwelt among us. Hail Mary.....

V. Pray for us O holy Mother of God:

R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech you, O Lord, your grace unto our hearts, that we, to whom the Incarnation of Christ, your son, was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection, through the same Christ our lord. **R. Amen**

Act of Contrition

O my God,

Because you are so good,

I am very sorry that I have sinned against you,

And by the help of your grace,

I will not sin again.

Magnificat

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour,

for he has looked with favour on his lowly servant.

From this day all generations will call me blessed:

the Almighty has done great things for me,

and holy is his Name.

He has mercy on those who fear him

in every generation.

He has shown the strength of his arm,

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the lowly.

He has filled the hungry with good things,

and the rich he has sent away empty.

He has come to the help of his servant Israel

for he has remembered his promise of mercy,

the promise he made to our fathers,

to Abraham and his children forever.

Glory to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and will be forever. Amen.