

Prayer Booklet
for the
Children in
Year 4



Daily Prayers

The Sign of the Cross

In the name of the Father, the Son
And the Holy Spirit.
Amen

Morning Offering

Father in heaven,
I give you this day.
All that I think, or do, or say.
I give you the good times,
as well as the bad.
The times that I'm happy,
the times that I'm sad.
Fill me with Grace and make me strong,
With you at my side I can't go wrong.
Amen

Grace Before Meals

Dear Lord, for this day, for our friends and
for the food we are about to receive, may
the Lord make us truly thankful. Amen

Grace After Meals

Bless us O Lord as we sit together.
Bless the food we eat today.
Bless the hands that made the food,
bless us, O Lord,
Amen.

End of the Day Prayer

Father in heaven, I come to say,
thank you for your love today.
Thank you for my family and all
the friends you give to me.
Guard me in the dark of night
and in the morning send your
light.
Amen

Traditional Prayers

Our Father

Our Father, who art in heaven,
hallowed be thy Name.
Thy Kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now, and at the hour of our death.
Amen.

Eternal Rest

Eternal rest, grant unto (them/him/her) O Lord.

**R: And let perpetual light
shine upon them (them/him/her).**

May they rest in peace.

R: Amen.

Glory Be

Glory be to the Father, and to the Son,
and to the Holy Spirit.

As it was in the beginning, is now,
and ever shall be,
world without end.

Amen.

Angelus: *May be said morning, noon and night.*

The Angel Gabriel brought Mary the Good News that she was chosen to be the Mother of Jesus.

**Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women and
blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death.
Amen.**

Mary agreed to the plan. She said, 'Let it happen to me as you have said.'

Hail Mary . . .

And Jesus was born and lived among us.

Hail Mary . . .

Holy Mary, please pray for us,
that our love for Jesus may grow stronger every day.

Let us pray:

O Lord,
fill our hearts with your love
warming our hearts and
brightening our way.

May Christ our Saviour bring light and life
into this world, and to us,
as we wait for his coming.

Amen

Act of Contrition

O my God,
Because you are so good,
I am very sorry that I have sinned against you,
And by the help of your grace,
I will not sin again.