

Letters and sounds: High Frequency Words Checklist - *The Tricky Words are in bold*

Phase 2					
a	an	as	at	if	in
is	It	of	off	on	can
dad	had	back	and	get	big
him	his	not	got	up	mum
but	the	to	I	no	go
into					
Phase 3					
will	that	this	then	them	with
see	for	now	down	look	too
he	she	we	me	be	was
you	they	all	are	my	her
Phase 4					
went	it's	from	children	just	help
said	have	like	so	do	some
come	were	there	little	one	when
out	what				
Phase 5					
don't	old	I'm	by	time	house
about	your	day	made	came	make
here	saw	very	put	oh	their
people	Mr	Mrs	looked	called	asked
could					

The Next 200 High Frequency Words

water	away	good	want	over	giant
how	did	man	going	where	looks
would	or	took	school	think	use
home	who	didn't	ran	know	along
bear	can't	again	cat	long	plants
things	new	after	wanted	eat	dragon
everyone	our	two	has	yes	pulled
play	take	thought	dog	well	we're
find	more	I'll	round	tree	fly
magic	shouted	us	other	food	grow
fox	through	way	been	stop	white
must	red	door	right	sea	coming
these	began	boy	animals	never	he's
next	first	work	lots	need	river
that's	baby	fish	gave	mouse	liked
something	bed	may	still	found	lived
live	say	soon	night	narrator	birds
small	car	couldn't	three	head	duck
king	town	I've	around	every	horse
garden	fast	only	many	laughed	rabbit
let's	much	suddenly	told	another	ever
great	why	cried	keep	room	miss
last	jumped	because	even	am	most
before	gran	clothes	tell	key	cold
fun	place	mother	sat	boat	park
window	sleep	feet	morning	queen	eggs
each	book	its	green	different	once
let	girl	which	inside	run	please
any	under	hat	snow	air	thing
trees	bad	tea	top	eyes	stopped
fell	friends	box	dark	grandad	
there's	looking	end	than	best	
better	hot	sun	across	gone	
hard	floppy	really	wind	wish	

Jolly Phonics Actions

- s** Weave hand in an *s* shape, like a snake, and say *ssssss*
- a** Wiggle fingers above elbow as if ants crawling on you and say *a, a, a*.
- t** Turn head from side to side as if watching tennis and say *t, t, t*.
- i** Pretend to be a mouse by wriggling fingers at end of nose and squeak *i, i, i*.
- p** Pretend to puff out candles and say *p, p, p*.
- n** Make a noise, as if you are a plane - hold arms out and say *nnnnnn*.
- c k** Raise hands and snap fingers as if playing castanets and say *ck, ck, ck*.
- e** Pretend to tap an egg on the side of a pan and crack it into the pan, saying *eh, eh, eh*.
- h** Hold hand in front of mouth panting as if you are out of breath and say *h, h, h*.
- r** Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say *rrrrrr*.
- m** Rub tummy as if seeing tasty food and say *mmmmmm*.
- d** Beat hands up and down as if playing a drum and say *d, d, d*.
- g** Spiral hand down, as if water going down the drain, and say *g, g, g*.
- o** Pretend to turn light switch on and off and say *o, o; o, o*
- u** Pretend to be putting up an umbrella and say *u, u, u*.
- l** Pretend to lick a lollipop and say *llllll*.
- f** Let hands gently come together as if toy fish deflating, and say *ffffff*.
- b** Pretend to hit a ball with a bat and say *b, b, b*.
- ai** Cup hand over ear and say *ai, ai, ai*.
- j** Pretend to wobble on a plate and say *j, j, j*.
- oa** Bring hand over mouth as if you have done something wrong and say *oh!*
- ie** Stand to attention and salute, saying *ie ie*.
- ee or** Put hands on head as if ears on a donkey and say *eeyore, eeyore*.
- z** Put arms out at sides and pretend to be a bee, saying *zzzzzz*.
- w** Blow on to open hand, as if you are the wind, and say *wh, wh, wh*.
- ng** Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying *ng...*
- v** Pretend to be holding the steering wheel of a van and say *vvvvvv*.
- oo oo** Move head back and forth as if it is the cuckoo in a cuckoo clock, saying *u, oo; u, oo*. (Little and long oo.)
- y** Pretend to be eating a yogurt and say *y, y, y*.

- x** Pretend to take an x-ray of someone with an x-ray gun and say *ks, ks, ks*.
- ch** Move arms at sides as if you are a train and say *ch, ch, ch*.
- sh** Place index finger over lips and say *shshsh*.
- th th** Pretend to be naughty clowns and stick out tongue a little for the *th*, and further for the ***th*** sound (*this* and ***thumb***).
- qu** Make a duck's beak with your hands and say *qu, qu, qu*.
- ou** Pretend your finger is a needle and prick thumb saying *ou, ou, ou*.
- oi** Cup hands around mouth and shout to another boat saying *oi! ship ahoy!*
- ue** Point to people around you and say *you, you, you*.
- er** Roll hands over each other like a mixer and say *ererer*.
- ar** Open mouth wide and say *ah*. Flap hands as if a seal, and say *ar, ar, ar*.