



# St Paul's Catholic Primary School Children's Anti-Bullying Statement (Written by children for children)



## What is bullying?

Bullying is an act of cruelty that is persistent and affects many different types of people. Bullying can be in many different forms: name calling, teasing, and humiliation, ignoring or leaving out, stealing money or feeling intimidated. Everyone should be entitled to a safe school and life. If you are being bullied or know someone who is being bullied, tell a responsible adult.

**Be a buddy, not a bully!**

**Cut up bullying, glue together friends.**

If you ever feel you are being bullied then you should definitely tell someone. Keeping it to yourself is the worst thing you can do because then it can keep going on.

### **DIFFERENT TYPES OF BULLYING**

- Cyber
- Verbal
- Physical
- Racist

### **WHO CAN YOU TELL IF YOU'RE BEING BULLIED?**

- Parents/carers
- Teachers
- Close family relatives
- Close friends
- Mid day assistants